



FRIDAY

FLIER

May 21, 2010

3rd Annual Bike Rodeo Saturday, May 22, 11 am-3 pm

Bismarck-Mandan Safety Council, along with its sponsoring partners, will be conducting a Bike Rodeo event May 22, 11 am-3 pm, at Burleigh County Extension-NDSU, 3715 East Bismarck Expressway.

The Bike Rodeo event will host a variety of awareness booths for parents and children. Hot dogs and pop will be sold by the Boys Scouts as a fundraiser. Parents are reminded to bring child's bikes and helmets to the event.

If you have questions, contact Troy Karlberg, Bismarck-Mandan Safety Council President, 222-6651.

Donate used backpacks! Monday, May 24-Thursday, May 27

If your child will need a new backpack for next school year, please consider donating his/her used backpack the last week of school. There will be marked boxes at each public elementary school. The backpacks will be used for the student food program through Community Action. Contact Ben Schafer, 701-741-3678.

DISTRICT Parent Survey Deadline: Friday, May 28

Every other year, Bismarck Public Schools does a confidential survey of ALL parents to get feedback so we can improve our educational program. Please take 10 minutes to complete our 2010 online survey by May 28 at bismarckschools.org under Upcoming Events in the middle by the last day of school. If you do not have access to a computer or the internet, take the online survey at any public school library or the Library at 515 N. 5th Street. For questions, contact renae_walker@bismarckschools.org, 323-4091.



Wanna Cheer? Deadline: June 1

Bismarck Youth Cheerleading Program is still accepting registrations for cheerleaders for the 2010 Bismarck Midget Football League. The football season runs August through October. Cheerleaders must be entering 3rd-6th grade for the 2010-2011 school year. Openings available on a first come, first serve basis. Registration fee is \$35 plus the cost of a uniform. Contact coach Jenn Weisenburger, 214-1053, or email Coach Jenn @ bismarcksouth_nd@justforkix.com. Download registration forms at www.bismarckmidgetfootball.com.



Great Plains Track & Field Begins: Tuesday, June 1

The Great Plains Track & Field Club's season begins Tuesday, June 1. The club is for ages 6-18 and costs \$35. Participate in running, jumping, and throwing events at the Community Bowl. For information, visit www.bisparks.org under Partners & Links. If needed, call Steve Kubisiak at 223-1483 or Jeff Herman at 258-1557.



Northern Plains Dance

Northern Plains Dance summer sessions are coming up! Session 1 runs from June 1- July 1; Session 2 from July 6- August 5. Classes include Hip Hop, Jungle, Ballet, Pointe, Jazz, Tap, and Creative Movement.



They also have several 3-day camps this summer, including Little Ballerina Camp (ages 3-5) June 23-25, Hip Hop University (ages 6-11) July 27-29, Nutcracker Camp (ages 6-11) August 10-12, Fairy Tale Camp (ages 3-5) July 28-30, and Story Time Camp (ages 6-8) July 14-16. Each camp includes a performance for friends and family on the last day.

Interested in taking classes or camps, or more information, contact Northern Plains Dance at 530-0986 or dance@northernplainsdance.org.

Free screening Saturday, June 5



Medcenter One
medcenterone.com

Medcenter One's pediatric therapy department will hold a free screening day for children 12 and under, 9 am-1 pm., Saturday, June 5 at the Medcenter One pediatric therapy department, 300 N. Seventh St.

If you are concerned about your child's ability to talk clearly or be understood, crawling, walking, running and jumping skills, feeding and swallowing skills, balance and coordination or other activities, make an appointment for your child to be screened by a licensed Medcenter One therapist.

To schedule an appointment, call Medcenter One Rehabilitation Center, 323-6097. Walk-ins welcome.

Explore Americana

Bismarck State College and Frances Leach High Prairie Arts & Sciences Complex invite youth and their adult companions to *Explore Americana*. Through this unique intergenerational program, youth and their buddy will experience the art, music, and science of early America. They will experiment with the science of kites, discover old games and toys, and create folk music. Space is limited. Children must be at least entering 1st grade. For more information, call 224-5683.

Dakotas Suzuki Institute June 7-11

Bismarck State College proudly presents the 2010 Dakotas Suzuki Institute, June 7-11. New and current Suzuki students are welcome. The Institute offers intensive instruction, as well as the opportunities to attend and perform in concerts. For more information, visit www.bismarckstate.edu/ceti/suzuki.

Midsummer Celebration of Light Saturday, June 19



Free arts event featuring continuous entertainment with vocals by White House and Broadway singer, Job Christenson plus classical music, dancing, story telling, excerpts from SHST's musicals "Annie" and "Jekyll and Hyde: The Musical", and selections from Northern Plains "Midsummer Night's Dream Ballet". A dance under the stars, horse-drawn wagon rides, visual art projects and gourmet Midsummer Fare from Cicilia Dina Andersen further enhance this festival of light. For more information check www.shst.org or call Susan Lundberg, 319-0894.

Club Invention Science Classes June 21-24

For kids entering grades 1-6, Club Invention offers experiences in hands-on science, creativity, teamwork, problem-solving, and critical thinking. Contact BHS science instructor Valerie Smallbeck for a registration form at val_smallbeck@bismarckschools.org or pick one up at any public elementary school office. The 4-day course will be held at Wachter Middle School from 1-4:30 pm Monday-Thursday. The cost is \$119 and includes a Club Invention t-shirt.

Annie July 6-17

"ANNIE" will be July 6-17 at 8:30 pm under the stars at Sleepy Hollow Arts Park in Bismarck. Directed by Dan Walstad, the musical features a large cast and orchestra, and celebrates Sleepy Hollow's 21st season. Tickets available at shst.org or by phone at 866-811-4111, Herberger's, Eckroth Music, Gallery 522, Subway (except Rosser and Walmart S.), Satrom Tour and Travel, SH Productions at 210 West Bowen, or \$1 higher at the gate.



Jekyll and Hyde July 23-31

"Jekyll and Hyde: The Musical" is July 23-31 at 8:30 pm under the stars at Sleepy Hollow Arts Park. 26th and Divide. Directed by Job Christenson, the contemporary musical features soaring, driving music of the classic story by Robert Louis Stevenson. N.D. premiere with large cast and orchestra. Tickets available at shst.org or by phone at 866-811-4111, Herberger's Eckroth Music, Gallery 522, Subway (except Rosser and Walmart S.), Satrom Tour and Travel, SH Productions at 210 West Bowen, or \$1 higher at the gate.

Urban Idol

Got talent? Check out Urban Harvest's Urban Idol Youth Talent Contest. Weekly contests will be held Thursdays at 3 pm from July 8-August 12 at the corner of 4th Street and Broadway in Bismarck. Urban Idol is an opportunity for area youth ages 17 and under to showcase their talents and gain performance experience in a fun and relaxed atmosphere. Contestants just sign up and perform. Each week the crowd votes for their favorite act. Winners advance to the final competition on August 12. Cash prizes will be awarded to finalists.

Urban Harvest is an open-air market featuring a variety of local artists, crafters, food vendors, farmers and entertainers. The market is in its 6th season and occurs six consecutive Thursdays from July 8-August 12 in downtown Bismarck. Visit the Urban Harvest blog at www.bismarckurbanharvest.org for more information.



BSC's College for Kids Program

Bismarck State College is now accepting registrations for its College for Kids Camps. Students may choose from a wide range of camps, such as *Detective Camp*, *Storm Chasers*, *Hands in Clay*, and *Picture This! Digital Photography*. All activities are conducted in a non-graded environment where personal growth and development is encouraged. College for Kids is about discovery, experience, and fun. For details and registration information, call 224-5600 or visit www.bismarckstate.edu/ceti/kids.



Every 1 Reading

Give your kids something positive and enriching to do this summer. Every 1 Reading has openings for one-on-one tutoring in reading, writing and spelling this summer. Pam Krueger is trained in the Orton-Gillingham approach, which is research-based, individualized, systematic, multi-sensory, explicit, direct and it works! Includes phonemic awareness, phonics, fluency, comprehension, and vocabulary development. Initial assessment with report and quarterly progress reports. For more information, go to www.every1reading.com or call 202-9252 anytime. Free initial consultation.

Library Programs for Children



The Children's Library of the Bismarck Public Library announces the following summer programs for children and families. All programs are FREE and public.

Summer Reading Kick-Off: Heritage Center: Wednesday, June 2 (10 am-4 pm). Special performances by storyteller Kevin McMullin. Sign-up for the Children's Reading program. The program is open to both independent school-age readers and young children who read with a caregiver. Participants are eligible to win swim passes from Bismarck Parks and Rec and grand prizes from American Bank Center.

Young North Dakota Author Program (Children K-6): Become an author this summer. Turn your stories or poems into your very own book and become a Young North Dakota Author. Kickoff Workshop June 9, 6 pm. Pre-registration is required. Sign-up begins May 10.

Camp Fun-To-Read: July 26-30 (10-11:30 am) A Summer Reading Intensive for New Readers. A reading immersion camp is a fun way to combat the summer downward slide in skill level that some readers experience. This week-long camp features books, stories, games and activities for students going into 2nd grade. Registration begins July 1 for first 15 registrants.

Book Club for Kids: Try our book club. Kids ages 9-12 will meet to discuss a variety of books. E-mail Traci at tjuhala@cdln.info or call 355-1489 for more information.

Volunteer Club: Come and enjoy the fun and exciting volunteer opportunities at the library. For more information and to register, e-mail Jana at jmaher@cdln.info or call 355-1489.

Video Game Days: Thursdays, July 8, 15, 22 (1:30-3 pm) Come and enjoy Wii games and Band hero.

Library Story Times:
Baby and Me - Thursdays 9:30 am.
Toddler Tales - Tuesdays 9:30 am, 10:15 am, 11:00 am.
Preschool Adventures - Wednesdays 9:30 am, 10:15 am and Thursdays 10:15 am.

Other Events:
Razzle-Dazzle Read-A-Thon: Monday, June 28, 10 am-7:00 pm.

Family Puppet Shows at Dakota Zoo: Wednesdays, June 16, July 14, August 4, 7 pm and 7:30 pm.

Ice Cream Social: Tuesday, August 3, 6:30 pm.

For more information about our summer programs, pick up a program brochure at the library, or call 355-1489, or www.bismarcklibrary.org.

Fall School Flu Clinics

Bismarck Public Schools, Bismarck Burleigh Public Health, local hospitals, clinics and other health providers are exploring the idea of setting up school-based flu mist/shot clinics for students in grades K-12 during the beginning of next school year (fall 2010-2011). It is hoped that these clinics will be held during the school day, as well as after school hours, and will be free to most families. Watch your mail or child's backpack in the fall for important information about this effort!

Teen Summer Reading Program



The kick-off event for the Teen Summer Reading Program at Bismarck and Morton Mandan Public Libraries is a Teen Video Arcade Day, Thursday, June 3, 1-4:30 pm, Bismarck Public Library Meeting Room A. If you are age 11-18, bring a friend and come play games on the big screen. This event is being made possible with the help of CHS science teacher Mr. Rob Graff and the CHS Gamers Club.

Bob's Photo is partnering with local public libraries to hold its second Teen Photo Contest, Water Wonderland. Enter your photos at Bob's Photo, 1019 E. Interstate Avenue and receive 4 FREE 8x12" enlargement coupons. Entry Deadline: 6 pm Friday, June 25. Grand Prize is \$75 in free camera gear. People's Choice Winner earns a \$25 gift certificate to Bob's Photo. Photos on display July 5-30. Winners announced August 3 at the annual Teen Scavenger Hunt, Bismarck Public Library. Download an entry form at www.bismarcklibrary.org or stop at either library.

Don't miss the Teen Summer Reading for Raging Rivers Program. Read 1500 pages and earn a free one-day pass to Raging Rivers Water Park courtesy of Raging Rivers, a \$10 gift card to local bookstores, OR \$10 in Mandan Bucks, both courtesy of Friends of the Bismarck Public Library. Registration begins May 27. Deadline to receive a pass or gift card: July 27, 9 pm. The top male and female summer readers receive a \$100 savings bond and either a \$100 or \$75 bookstore gift card, courtesy of American Bank Center. A \$100 gift card to Scheels Sports and many other prizes will also be awarded at the Teen Scavenger Hunt, August 3, Bismarck Public Library.

Other summer events:

Battleship Jeans Night - June 21
Raging Rivers Library Card Swim Discount Days - July 6 and 27
Shade Tree Players Teen Performance - August 1

Stop at the library, visit www.bismarcklibrary.org or call 355-1487 for more information.

High Power Soccer Camp

June 7-11, 5:30-8:30 pm



High Power is a summer soccer camp for kids from 5 to 10 years old. It's for athletes and non-athletes; for those who know soccer inside-out, and for those who have never touched a soccer ball – kids at any and every skill level will benefit!

Parents are welcome to stay and mingle with other adults in the hospitality area. Kids will learn basic soccer skills, get lots of exercise and enjoy singing, skits – all based on this year's theme of "The Proven Method."

Register by May 28 to guarantee a spot. Registration fee is \$45, includes t-shirt, soccer ball, water bottle, snacks and more! Camp is held at Riverwood Church, 3030 S. Washington Street.

Registration forms available at public school offices or contact Robin, 226-7357, or e-mail robin@riverwood.us.

Baseball/Softball Camp

July 11-15, 6:30-8:30 pm

For boys and girls entering grades 1-6: at Riverwood Baptist Church.

Camp is designed to teach athletes basic skills: throwing, catching, fielding, batting, and base running. The camp will consist of 4 days of training. There will be a BBQ on the fifth night with a softball game following pitting parents against campers.

Call Pastor Todd at 222-4015 or email at bach7@riverwood.us to register.

Girls' Basketball League

For GIRLS entering grades 7-9 this fall:
June 3, 10, 17, 24, & July 8, 15.

Games start at 6 pm. Each participant will play two games per evening. Fee is \$45. All teams will be selected and divided as equally as possible; 16 minute halves with a running clock.

Brochures are available at www.chs.bismarckschools.org/chs/chsathletics/gbb/ or call Ron Metz, 663-0153 or Dallas Hinderer, 250-0148.



Start Smart Boys Basketball Camp

For boys entering grades K-6 this fall:
June 1-4, 1:30-5 pm.

For boys entering grades 7-12 this fall: **June 21-24, 1-5 pm.**

Camp is held at Century High School; cost is \$65. The camp will emphasize fundamental play including footwork, ball handling, shooting, defense, passing and cutting, in an enthusiastic and positive learning environment.

Shooting Camp

For boys entering grades K-12 this fall: **June 1-3, 10 am-noon.**

Camp is held at Horizon Middle School, cost is \$35. For information, go to www.chs.bismarckschools.org/chs/chsathletics/bbb/ or contact Darin, 226-6898.



Marauders Mens' Basketball Camps

Individual Skills Camp

For boys entering grades K-8 grade this fall: **June 7-9, 8:30-11:30 am.**

Camp is at the Bismarck YMCA; cost is \$90. Camp will teach individual skills combined with team play.

Offensive Improvement Camp

For boys entering grades K-8 grade this fall: **August 2-4, 8:30-11:30 am.**

Camp is held at the Bismarck YMCA facility; cost is \$90. Camp will develop shooting, ball handling, passing, and offensive team movement.

Brochures are available at www.umary.edu or call Rodney Kuhl, 355-8304.



Upward Football and Cheerleading



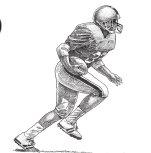
Upward Flag Football and Cheerleading participants learn skills and techniques from their respective activity. Evaluations this summer will be August 3 (6:30-8:30 pm), August 5 (6:30-8:30 pm), and August 7 (1-3:30 pm). The cost of the league is \$85. Contact Lynn Hoesel, 220-4401 or go to www.upward.org to download a registration form.

Feeney Football Camp

For boys entering grades 2-6 this fall:
June 28-30, 9 am-12 pm.

Camp is held at Hughes Field; \$45 before June 12, \$50 after. The purpose of the camp is to increase the execution of fundamental football techniques, participation in an individualized technique, 7on7 games, Red Zone games, Ultimate football games, and individual contests to improve skills and ability.

Brochures available at any elementary school or go to bismarckmidgetfootball.com. To learn more, call Steve Feeney, BHS ass't. football coach 258-7739(h).



YMCA

Complete list of activities are in the YMCA Program Guide. To learn more, stop by 1608 N. Washington St., call 255-1525, or visit bismarckymca.org. Register at Member Services desk.



Summer Safari: Current K-6 grade students will love the excitement and variety of activities and parents will love the safety and security of the Summer Safari program. Participants will have the opportunity to build friendships, explore art, science, music, and enjoy the great outdoors. Youth can play games and sports, treasure hunt and explore their world through exciting field trips. Older students will be able to be a part of Y Leaders club, plan a carnival and organize service learning activities for the summer. Call 255-6122 or go to www.bismarckymca.org.

Dates: June 1-August 25 (closed July 5th)

Hours: 6:30 am-6 pm, Monday-Friday

Day Camp: Summer camp is the one place where kids can discover themselves, have fun and develop new and lasting relationships. Camp allows kids to express themselves in fun, healthy and exciting ways. YMCA Day Camp is for kids ages 6-12. These week-long camps leave the YMCA and are based at Ft. Lincoln State Park and other local parks. YMCA Day Camp is the alternative to childcare where kids will go hiking, learn skits, songs, games, go swimming and much, much more. All camps run from 8 am-4 pm, Monday-Friday. Extended care is available before 8 am and after 4 pm daily. Limited spots available. Call 255-6122 or go to www.bismarckymca.org

Part Time Junior Kindergarten: YMCA Youth Development Center preschool program offers classes differentiating by age/developmental abilities for children ages 3-5 and utilizes developmentally appropriate curricula to develop children socially, emotionally, physically and intellectually. These programs include Creative Curriculum, physical education, water exploration and swimming skills and YMCA swimming safety skills. Limited spots still available. Call 255-6122 or go to www.bismarckymca.org

Swimming Lessons: The next session of YMCA swimming lessons will be held June 7 through July 1. A variety of classes are available for all levels of swimmers. For more information, visit www.bismarckymca.org or call 255-1525.

Golden Seals Swim Team: The summer session of the YMCA Golden Seals begins Monday, June 7. Practices will be held Monday-Thursday from either 4:10-5:10 pm or 5:45-6:45 pm. Contact Coach Drew Evans at 255-1525 or drew.evans@bismarckymca.org.

Girls Volleyball Camp: Registration begins May 3 for YMCA Girls Volleyball camp set for August 9-12. Campers entering 3rd and 4th grade will play from 1-3 pm; campers entering 5th and 6th grade will play 3:30-5:30 pm. Fee for the camp is \$32 for YMCA members; \$74 for non-members. Contact brent.kleinjan@bismarckymca.org or call 255-1525.

Itty Bitty Soccer: The YMCA will offer 2 sessions of summer soccer for kids age 3-6. Session 1: June 7-July 1 with registration beginning on Monday, May 3. Session 2: July 12-August 5. Program times are 5:15-6 pm or 6:15-7 pm on either Monday, Tuesday, Wednesday, or Thursday. Fees are \$22 for YMCA members and \$37 for non-members. Contact brent.kleinjan@bismarckymca.org for more information.

Itty Bitty Baseball: The YMCA will offer 2 sessions of IB baseball this summer on Wednesdays. Rookies (ages 3-4) will be able to play from 9-9:45 am, 10-10:45 am, or 11-11:45 am. All Stars (ages 5-6) will be able to play from 1-2 pm, 2:15-3:15 pm, or 3:30-4:30 pm. Session 1 registration begins Monday, May 3 and the program will be held June 9-June 30, and session 2 registration begins Monday, June 7 and the program will be held July 7-July 28. Fees for the program are \$22 for YMCA members and \$37 for non-members. Contact brent.kleinjan@bismarckymca.org or call 255-1525.

Katie's Cruisers: This girls' only running group will help your pre-teen learn to love running. Katie Kost, a certified personal trainer, will offer a personalized running program to suit individual needs.

Registration Begins: April 1

Session I - June 1

Session II - July 6

Session III - August 10

Time: Tuesday and Thursday, 8:30-9:30 am

Fee: \$80/member, \$150/non-member

Speed and Power Academy Summer Training Camp: YMCA's Speed and Power Academy is a sports-specific program designed to help athletes reach their potential and improve sport performance.

This program implements the use of resistance training, plyometrics, core strengthening, stability/balance exercises, and speed training to help student athletes.

Group A - Males, 15-18 years old, Monday, Wednesday, 9:00 am strength training. Tuesday, Thursday, 9:00 am, speed and conditioning.

Group B - Females, 15-18 years old, Monday, Wednesday, 10:30 am, strength training. Tuesday, Thursday, 10:30 am, speed and conditioning.

Group C - Males, 12-14 years old, Monday, Wednesday, 1 pm, strength training/plyometrics.

Tuesday, Thursday, 9 am speed and conditioning.

Group D - Females, 12-14 years old, Monday, Wednesday, 2 pm, strength training/plyometrics.

Tuesday, Thursday, 10:30 am, speed/conditioning.

Registration: May 1-June 4

Session I - June 7-July

Session II - July 12-August 6

Fee: \$100/Member, \$150/Non-Member

Location: Life Center/Community Bowl

AmeriCorps: The AmeriCorps Youth Recreation Program is available to all youth ages 6-12 in the Bismarck/Mandan Community. Activities include board games, kickball, volleyball, art projects and a host of other non-competitive programming. Best of all, it is free! Any child can participate but a YMCA youth recreation membership application must be completed and signed by parent/guardian. Currently, the AmeriCorps Youth Recreation Program operates Friday from 5 pm-8 pm, Saturday from 12 pm-6 pm and Sunday from 12 pm-6 pm. Beginning Memorial Day the Program will also run M-F from 1-5 pm and the CAT's Summer Student Fun Pass will drop kids off at the Y! For more information, please see CAT info below!

CAT Bus Summer Student Fun Pass



There are so many things for kids to explore in Bismarck and Mandan this summer, and The CAT Bus is offering students a \$20 CAT bus pass for unlimited rides all summer! The pass is available to students who just completed grades K-12 and is good between Memorial Day and Labor Day. Passes can be purchased from CAT drivers or at the Bis-Man Transit office, 3750 E. Rosser Ave. For more information on the summer student fun pass, instructions on how to "Catch the CAT," an online trip planner, and other promotions, go to www.thecatbus.com.

The Friday Flier is sent home with public and private school students in Bismarck every other Friday during the school year. It is produced by Bismarck Public Schools as a service to other non-profit community groups that provide positive events and activities for students and parents. Activities that directly compete with similar Bismarck Public School activities may not be accepted. The district does not endorse, approve or sponsor the non-Bismarck Public Schools activities/events listed in this publication. Call 323-4092 to learn how to submit items for a small fee. For current and past issues, go to www.bismarck-schools.org under the "Parents" link.