

Bismarck Public Schools provides many fine arts and athletic activities for young people in grades 7-12 to participate in, such as sports, music, drama, etc. Hundreds of studies show that students who participate in one or more after-school activities have increased academic achievement, higher attendance and graduation rates, higher educational aspirations and rates of future success, increased self-esteem, decreased discipline problems, better time management skills, and greater school pride and satisfaction.

Approximately 87% of our students participate in at least ONE school or community extracurricular activity, according to a K-12 parent survey conducted in June 2008.

This list was gathered from coaches/advisors in May 2009 and is organized by type of activity and by school. Students usually tryout/audition for these activities! You can also access information on school web sites at www.bismarckschools.org under the Schools link, or contact your school, the BPS Activities office (701-323-4080), or BPS Fine Arts office (701-323-4082).

BAND: Bismarck High School (grades 10-12)

Membership in BHS bands and performing groups is by annual audition. Contact Jon Baumann, BHS band director, 323-4800, ext. 6130 or jon_baumann@bismarckschools.org.

Wind Ensemble

Plays levels IV, V & VI music and is composed of the more experienced musicians. The Wind Ensemble performs frequent concerts. Students from Wind Ensemble, Concert Band and Sophomore Band make up the Marching Band.

Concert Band

Plays levels III, IV & V music and includes musicians who are earlier in their musical development.

Sophomore Band

Plays levels III & IV music most of the year and is comprised of sophomores who did not make Wind Ensemble.

Jazz Ensembles

Composed of talented wood wind, brass, percussion and keyboard musicians from any of the 3 concert bands at BHS. During the winter and spring months, jazz ensembles appear in concert and travel to local and regional music festivals.

Marching Band

Wind Ensemble, Concert Band and Sophomore Band form the BHS Marching Band, which performs at a fall parade and the Band Night Parade in May, along with a few other functions throughout the year.

Pep Band

All BHS band musicians perform in the Pep Band and are required to perform at all home football games and some boys/girls basketball functions during the school year.

Jazz Band II

Supplements Jazz Ensemble I that occurs during the school day. Jazz Band II meets Tuesday and Thursday from 6:45-7:30 am October-March. Contact Chris Dasovick, 323-4800 or chris.dasovick@bismarckschools.org.

Musical Pit Band

An ensemble that performs actual Broadway musicals, collaborating with student actors singing and dancing on stage, in the annual fall BHS-CHS musical production. Daily after-school practices take place October-November.

BAND: Century High School (grades 10-12)

The CHS Band program is committed to providing students with the highest quality of music education possible. Contact Tim Fogderud, BHS band director, 323-4900 or tim_fogderud@bismarckschools.org.

Wind Ensemble

Designed for students with a high level of instrument proficiency; auditions required. Advanced band literature will be pursued. Performances include concerts, festivals, pep band events, community appearances and parades. Combines with Concert Band for marching.

Concert Band

Designed to help students develop skills necessary to progress to Wind Ensemble; auditions required. Quality band literature will be pursued. Performances same as above. Combines with Wind Ensemble for marching.

Sophomore Band

Designed for any student at CHS with previous band experience. Literature will be lighter in nature than Wind Ensemble or Concert Band. Performances same as above. Select members will combine with Concert Band and Wind Ensemble for marching.

Jazz Ensemble #1

Meets on a daily basis and is for students who have reached a high level of instrument proficiency. Auditions required. Advanced jazz literature will be pursued. Performs several times a year at concerts and jazz festivals.

Jazz Ensemble #2

Designed for the developing jazz student and is open to anyone involved in band. Quality jazz music will be pursued. Group meets outside of the school day, presents two concerts a year, and may participate in 1-2 music festivals.

Marching Band

The Patriot Marching Band is every member of the band program and performs at a fall parade and the Band Night parade in the spring.

WRESTLING:

Grades: 9-12 Season: November-February

BHS co-coaches: Scott Knowlen, scott_knowlen@bismarckschools.org; Jeff Schumacher, jeffrey@schumacher@bismarckschools.org.

CHS coach: Randy Hilzendeger, randy_hilzendeger@bismarckschools.org.
CHS practices held Mon.-Fri. 4-6 pm.

Grades: 7-8 Season: October-January

Horizon coach: Baron Blanchard, baron_blanchard@bismarckschools.org.

Simle 7th grade coach: Craig Nelson, craig_nelson@bismarckschools.org.

Simle 8th grade coach: Ron Blackcloud, ron_blackcloud@bismarck
schools.org

Wachter coaches: Mark Lardy, mark_lardy@bismarckschools.org; Curt Haux, curt_haux@bismarckschools.org.

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TRACK: (continued)

CHS boys coach: Tim Jacobsen, tim_jacobsen@bismarckschools.org.

CHS girls coach: Nick Walker, nick_walker@bismarckschools.org.

Grades 7-8 Season: March-May

Horizon boys coach: Scott Gefroh, scott_gefroh@bismarckschools.org.

Horizon girls coach: Dan McGurren, dan_mcgurren@bismarckschools.org.

Simle boys coach: Mike Pickett, mike_pickett@bismarckschools.org.

Simle girls coach: Stacey Seamands, stacey_seamands@bismarckschools.org.

Wachter boys coach: Mark Lardy, mark_lardy@bismarckschools.org.

Wachter girls coach: Joel Puffe, joel_puffe@bismarckschools.org.

VOLLEYBALL:

Grades: 9-12 Season: August-November; tryouts in August

BHS coach: Lisa Krom, lisa_krom@bismarckschools.org.

CHS coach: Jeni Walsh, jwalsh@nd.gov.

Grades 7-8 Season: August-October

Horizon 7th grade coaches: Nicole Frase, nicole_frase@bismarckschools.org; Bev Cross, bev_cross@bismarckschools.org; Sheila Bassebrock, sheila_hassebrock@bismarckschools.org; and Kristin Brandy.

Horizon 8th grade coaches: Chad Miller, chad_miller@bismarckschools.org; Mark Hager, mark_hager@bismarckschools.org; Kim Breibach, kim_breibach@bismarckschools.org; and Don Barron.

Simle 7th grade coaches: Stacey Semands, stacey_seamands@bismarckschools.org; Kristin Hager, kristin_hager@bismarckschools.org; Megan Matthews, megan_matthews@bismarckschools.org.

Simle 8th grade coaches: Jenny Zacher, jenny_zacher@bismarckschools.org; Cari Thompson, cari_thompson@bismarckschools.org; Lisa Gress, lisa_gress@bismarckschools.org.

Wachter 7th grade coaches: Jodi Molenda, jodi_molenda@bismarckschools.org; Becky Davis, becky_davis@bismarckschools.org; Jeramie Schafer, jeramie_schafer@bismarckschools.org; Erica Quale, erica_quale@bismarck schools.org.

Wachter 8th grade coaches: Kelly Schettler, kelly_schettler@bismarck schools.org; Desiree Bondley, desiree_bondly@bismarckschools.org; Kristina Wells, kristina_wells@bismarckschools.org; Mary Dockter, mary_dockter@ bismarckschools.org.

Musical Pit Orchestra

Performs for the annual fall musical. Performs professional Broadway shows in conjunction with the student actors and singers from BHS and CHS. Rehearsals are after school September-November.

Color Guard & Spirit of '76

Meets outside of the school day and consists of the most impressive and dedicated marchers in the band program. Auditions required.

BAND: Middle Schools (grades 7-9)

Horizon: Randy Salzler, 323-4550, randy_salzler@bismarckschools.org.

Simle: Ryan Clark, 323-4600, ext. 5375, ryan_clark@bismarckschools.org.

Wachter: David Augustadt, 323-4650, david_augustadt@bismarckschools.org.

ORCHESTRA: (grades 7-12)

Horizon: Jeremy Overbeck, 323-4290, ext. 6656, jeremy_overbeck@bismarckschools.org.

Simle: Pam Zimprich, 323-4600, pam_zimprich@bismarckschools.org.

Wachter: Scott Neumann, 323-4650, scott_neumann@bismarckschools.org.

BHS: Laura Prokopyk, 323-4900, ext. 6131, laura_prokopyk@bismarckschools.org.

CHS: Jeremy Overbeck, 323-4290, #6656, jeremy_overbeck@bismarckschools.org.

ORCHESTRA: Strolling Strings (grades 7-12)

Strolling Strings is a performing organization sponsored by Bismarck Public Schools for middle school and senior high orchestra students who have committed to memorizing a 20-piece, 45-minute program of light classical and popular music to entertain the community at special events during the entire school year. Students may audition for this group in the spring of 7th grade. Contact Scott Neumann at Wachter Middle School, 323-4650, or scott_neumann_bismarckschools.org.

CHOIR: Bismarck High School (grades 10-12)

Contact: Mike Seil, 323-4800, ext. 6132 or mike_seil@bismarckschools.org.

Concert Choir

An elite, large performing ensemble performing at least 5 concerts a year. Auditions are held in April for the coming school year. Concert choir meets 3rd period and members are involved in numerous honor choirs and competitive events during the year. Every other year, members can participate in a week-long choir tour.

Jazz Choir (New Generation)

New Generation performs for 25-40 community events throughout the year. Members also participate in 2 jazz festivals per year, one which requires travel. All singers must also be enrolled in one of the larger choral ensembles at BHS and auditions for New Gen are in April. Jazz choir meets 5th period.

Prep/Women's Choir

These choirs serve as entry level vocal ensembles intended to prepare members for participation in the Concert and Jazz Choirs. Auditions are held in April; choirs meet 1st and 6th periods. Prep Choirs perform up to 5 concerts a year. Members can be involved in numerous honor choir and competitive events throughout the year. Every other year, choral students may participate in a week-long choir tour.

CHOIR: Century High School (grades 10-12)

Contact: Mary Pat Archuleta, 323-4900, ext. 6653 or marypat_archuleta@bismarckschools.org.

Concert Choir

Century is proud of this elite mixed choir at Century High School. Membership is open by audition only. This choir meets daily. Public performance and biannual tours are scheduled activities. Students have opportunity for many festival auditions, contest and solo activities. Concert attire includes robes and black footwear.

Jazz Choir (Celebration)

Membership is open by audition only. This class meets daily and performances include many school and community events. Vocal Jazz and pop literature are covered. Students must be enrolled in either Prep Choir or Concert Choir to be eligible for Jazz Choir. These students sing a great deal throughout the community and do as many as 25-40 performances during the school year.

Prep Choir

Students who sing in the Century Prep Choir are in the 10th grade, and receive one credit while enrolled in this full year course. Basic fundamentals of singing are covered and many types of music are studied. This group performs in several concerts throughout the year.

CHOIR: Wachter Middle School (grades 7-9)

To audition for Wachter Show Choir in the fall, students must be enrolled in a full year of choir. State, regional, and national ACDA auditions are also held in the fall, as are auditions for the Northwest Music Festival (9th grade only). ND All State Choir (9th grade only) auditions are held in January. Contact Desiree Bondley, 323-4650, or desiree_bondley@bismarckschools.org.

CHOIR: Horizon & Simle Middle Schools (grades 7-9)

Horizon: Brian Saylor, 323-4550, brian_saylor@bismarckschools.org.

Simle: Jim McMahon, 323-4600, james_mcmahon@bismarckschools.org.

SOC CER: (continued)

Grades 9-12 Season: March-May

BHS girls coach: Brandy Harty, brandi_harty@bismarckschools.org.

CHS girls coach: Sarah McNulty, sarah_mcnulty@bismarckschools.org.

Grades 7-8:

Simle coaches: Jennifer Zacher, jennifer_zacher@bismarckschools.org.

Horizon coaches: 7th-Dan Taylor, Amy Taylor; 8th-Alex Halverson, Bryan Herbert.

Wachter coaches: Jennifer Healy, jennifer_healy@bismarckschools.org; Tara Brandner, tbrandner1@umary.edu; David Vinje, dtvinje1@umary.edu.

SOFTBALL: (grades 9-12)

BHS-CHS girls coaches: Kevin Ziegler, kevin_ziegler@bismarckschools.org; Brian Neuhardt, brian.neuhardt@securiann.com.

SWIMMING & DIVING:

Grades: 7-12 Season: November-March

BHS boys coach: Loic Joseph, loic_joseph@bismarckymca.org.

CHS boys coach: Dennis Kemmesat, dennisk@frontierprecision.com.

Grades: 7-12 Season: August-November

BHS girls coach: Kristen Peters, kristen.maitland-peters@bismarckymca.com.

CHS girls coach: Loic Joseph, loic_joseph@bismarckymca.org.

TENNIS:

Grades: 7-12 Season: August-October

BHS boys coach: Justin Zainhofsky, justin_zainhofsky@yahoo.com.

CHS boys coach: Scott McPherson, scott_mcpherson@bismarckschools.org.

Grades: 7-12 Season: March-May

BHS girls coach: Erik Hanson, erik_hanson@bismarckschools.org.

CHS girls coach: Scott McPherson, scott_mcpherson@bismarckschools.org.

TRACK:

Grades: 9-12 Season: February-May

BHS boys co-coaches: Dave Zittleman, dave_zittleman@bismarckschools.org, Darrell Anderson, anderson@bis.midco.net.

BHS girls coach: Tim Kolsrud, tim_kolsrud@bismarckschools.org.

FOOTBALL: (continued)

Wachter: 7th grade coaches: Wes Carr, wes_carr@bismarckschools.org; Curt Haux, curt_haux@bismarckschools.org; Wade Curren, wade_curren@bismarckschools.org; Ben Lervick, ben_lervick@bismarck schools.org.

Wachter: 8th grade coaches: George Eslinger, george_eslinger@bismarck schools.org; John Healy, john_healy@bismarck schools.org; Paul Keidel, paul_keidel@bismarckschools.org.

GOLF:

Grades: 9-12 Season: April-June

BHS: boys coach: Mike Bichler, mike_bichler@bismarckschools.org.

CHS: boys coach: Lynn Gress, lynn_gress@bismarckschools.org.

Grades: 7-8 Season: August-October

Simle coaches: Meagan Sharp, meagan_sharp@bismarckschools.org; Maddie Vossler, maddie_vossler@bismarckschools.org.

Wachter: boys coach: Rich Frye, rich_frye@bismarckschools.org.

Grades 7-12 Season: August-October

BHS: girls coach: Brandon Bondley, brandon_bondley@bismarckschools.org.

CHS: girls coach: Lynn Gress, lynn_gress@bismarckschools.org.

GYMNASTICS:

Grades: 7-12 Season: November-February

BHS-CHS: coach Curt Sherbrooke, curt.bga@midconetwork.com.

HOCKEY:

Grades: 9-12 Season: November-February

BHS-CHS: girls coach Kevin Mahon, kmahon@bis.midco.net.

BHS boys coach: Mike Peluso, mwalley1343@aol.com.

CHS boys coach: Troy Olson, troy_olson@bismarckschools.org.

*CHS tryouts in November; practice Mon.-Fri., 3 pm for varsity; 4:45 for JV.

SOCCER:

Grades: 9-12 Season: August-October

BHS boys coach: Tim Green, tim.green@charleshallyouthservices.com.

CHS boys coach: Joel Jahnke, joeljahnke@yahoo.com.

DRAMA: Bismarck & Century High Schools (grades 10-12)**BHS-CHS Fall Musical**

Students who enjoy singing, dancing, acting, technical theatre and pit orchestra should audition in early September. Season: September-early November. Practices: Mon.-Fri., 4-6 pm, and some Saturdays. Contact Mandy Wardner, 323-4800, or mandy_wardner@bismarckschools.org.

BHS Spring Play

For students who want to showcase their acting talents or be involved with lighting, sound, set design/construction, stage managing or directing. Tryouts: mid-January. Season: mid-January to late February, 2-3 performances. Practices: Mon., Tue., Thur. & Fri., 3:45-5:30 pm and some Saturdays. Contact Andrew Fischer, 323-4800, ext. 6071 or andrew_fischer@bismarckschools.org.

BHS One-Act Play

Tryouts: late February-early March. Season: 4-5 weeks. Practices: Mon., Tue., Thur., Fri. and some Saturdays. Contact Jennifer Bedard, 323-4800 or jennifer_bedard@bismarckschools.org.

CHS Mid-Winter Play

Tryouts: week before Christmas break. Season: 4-5 weeks, 3 performances. Practices: Mon.-Fri., 3:40 pm. Contact Rachelle Kinn, 323-4900, or rachelle_kinn@bismarckschools.org.

CHS One-Act Play

Performed at the One-Act Play Festival in late April. The 2-day festival is open to Class A schools and plays are critiqued by judges. Tryouts: March. Season: 4 weeks. Practices: Mon.-Fri., 3:40 pm. Contact Rachelle Kinn (see above).

SPORTS**BASEBALL:**

Grades: 9-12 Season: April-May

BHS coach: Matt Power, 527-9900.

CHS co-coaches: Mike Gustavsson, mike_gustavsson@bismarckschools.org and Kent Schweigert, kent_schweigert@bismarckschools.org.

BASKETBALL:

Grades: 9-12 Season: November-March

BHS boys coach: Steve Miller, steve_miller@bismarckschools.org.

BHS girls coach: Dallas Hinderer, dallas_hinderer@bismarckschools.org

CHS boys coach: Darin Mattern, darin_mattern@bismarckschools.org.

CHS girls coach: Ron Metz, ron_metz@bismarckschools.org.

BASKETBALL: (continued)Grades: 7-8 Season: January-March**Horizon** 7th & 8th grade boys coaches: contact Mark Hager, mark_hager@bismarckschools.org, for information on coaches for 2009-10..**Simle** 7th grade boys coaches: Ryan Clark, ryan_clark@bismarckschools.org; Dominique Bondley, dominique_bondley@bismarckschools.org; Ivy Brunner, ivy_brunner@bismarckschools.org.**Simle** 8th grade boys coaches: Tyler Woeste, tyler_woeste@bismarckschools.org; Brock Ballweber, brock_ballweber@bismarckschools.org; Jenny Zacher, jenny_zacher@bismarckschools.org.**Wachter** 7th grade boys coaches: Jeramie Schafer, jeramie_schafer@bismarckschools.org; John Healy, john_healy@bismarckschools.org; Rich Frye, rich_frye@bismarckschools.org.**Wachter** 8th grade boys coaches: Cy Timmons, cy_timmons@bismarckschools.org; Dean Streyle, dean_streyle@bismarckschools.org; Ben Lervick,**Wachter** 7th grade girls coaches: John Healy, john_healy@bismarckschools.org; Dave Fey, dave_fey@bismarckschools.org; Rich Frye, rich_frye@bismarckschools.org.**Wachter** 8th grade girls coaches: Dean Streyle, dean_streyle@bismarckschools.org; Cy Timmons, cy_timmons@bismarckschools.org. ben_lervick@bismarckschools.org.Grades: 7-8 Season: October-December**Horizon** 7th & 8th grade girls coaches: contact Mark Hager, mark_hager@bismarckschools.org, for information on coaches for 2009-2010.**Simle** 7th grade girls coaches: Lynn Gress, lynn_gress@bismarckschools.org; Lisa Gress, lisa_gress@bismarckschools.org.**Simle** 8th grade girls coaches: Tyler Woeste, tyler_woeste@bismarckschools.org; Kelly Marthaller, kelly_marthaller@bismarckschools.org.**CHEERLEADING: (grades 7-12)****BHS** coach: Billie Ann Caya, billie_caya@bismarckschools.org.**CHS** coach: Tammy Duursma, tammyd_10@yahoo.com.**Wachter** coach: Jennifer Healy, jennifer_healy@bismarckschools.org.**CROSS COUNTRY:**Grades 9-12 Season: August-October**BHS** boys co-coaches: Darrell Anderson, anderson@bis.midco.net; Dave Zittleman, dave_zittleman@bismarckschools.org.**BHS** girls coach: Scott Reichenberger, scott_reichenberger@bismarckschools.org.**CROSS COUNTRY: (continued)****CHS** boys coach: Brad Lies, brad_lies@bismarckschools.org.**CHS** girls coach: Julie Stavn, julie_stavn@bismarckschools.org.**DANCE TEAM:**Grades 9-12 Season: May-March**BHS** Demonettes coaches: Heidi Herrington, heidi_herrington@bismarckschools.org; Trisha Falconer, demonettes@bismarckschools.org. April tryouts.**CHS** Centahnas coach: Sonja Redmond, 391-1212.Grades 7-8 Season: October-March**Horizon** Adajios coach: Bethany Horning, bhorning66@hotmail.com.**Simle** Sparteens coach: Jody Reis, 471-9496.**Wachter** Danzadors coach: Kayla Two Crow, ktc_15@hotmail.com.**FIGURE SKATING:**

Coach Missy Theel, 400-7836.

FOOTBALL:Grades: 9-12 Season: August-November**BHS** coach: Mark Gibson, mark_gibson@bismarckschools.org.**CHS** coach: Ron Wingenbach, ron_wingenbach@bismarckschools.org.Grades: 7-8 Season: August-October**Horizon:** 7th grade coaches: Rick Olwell, rick_olwell@bismarckschools.org; Derrick Leithold, derrick_leithold@bismarckschools.org.**Horizon:** 8th grade coaches: John Doppler, john_doppler@bismarckschools.org; Curt Gilbertson, curt_gilbertson@bismarckschools.org; Jon Breitbach, jon_breitbach@bismarckschools.org.**Simle:** 7th grade coaches: Ron Blackcloud, ron_blackcloud@bismarckschools.org; Ron Mertz, ron_mertz@bismarckschools.org; Shawn Sanford, shawn_sanford@bismarckschools.org; Nick Klemish, nick_klemish@bismarckschools.org.**Simle:** 8th grade coaches: Perry Hanson, perry_hanson@bismarckschools.org; Tyler Woeste, tyler_woeste@bismarckschools.org; Brock Ballweber, brock_ballweber@bismarckschools.org.